

Welcome



46 Chemin Creux
29170 Fouesnant Beg Meil



WELCOME



We are delighted to welcome you to our Beg Meil apartment.

We created this place with our own ideas and experiences, with the help of our friends and family, and this apartment has already written many memories over the years: family meals, reunions, beach afternoons, boat trips and winter days spent reading, just listening to the sound of the waves.....

Now it's up to you to open a parenthesis of memories and leave with them!

We wish you a very pleasant stay.

Laurence & Henri

Oscar & Marylou

Laurence : +33 (0)611568671

Henri : +33 (0)649800182

Check In

From 4:00 pm

We do our utmost to be present at your arrival to welcome you and guide you to a successful stay. We do not live on site so we ask you to let us know 20-30 minutes before your arrival.

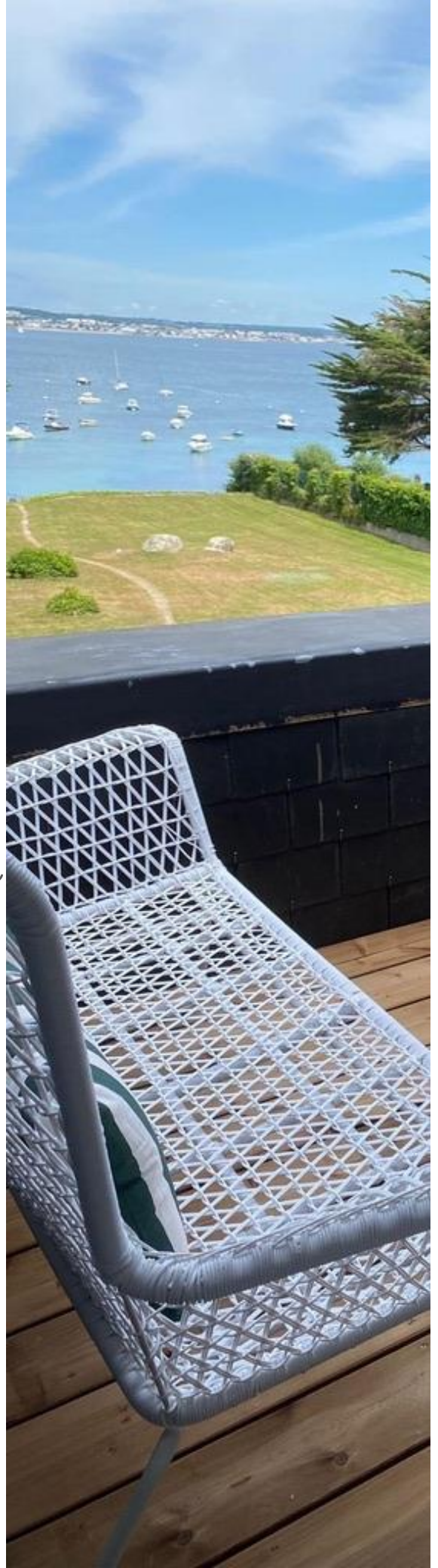
Check Out

Before 11:00 am

We do our utmost to be present at your departure to discuss your stay and check the condition of the apartment together.

The day before your departure, we will discuss your departure time and adapt to your needs.

If you have to leave very early or during the night, please let us know so that we can find a solution.



Home Rules

No Pets

The apartment and residence are not suitable for pets.

Non Smoking

Smoking is not permitted in the apartment, even with the window open. However, you may smoke in the courtyard of the residence, taking care to dispose of your cigarette butt in a suitable ashtray.

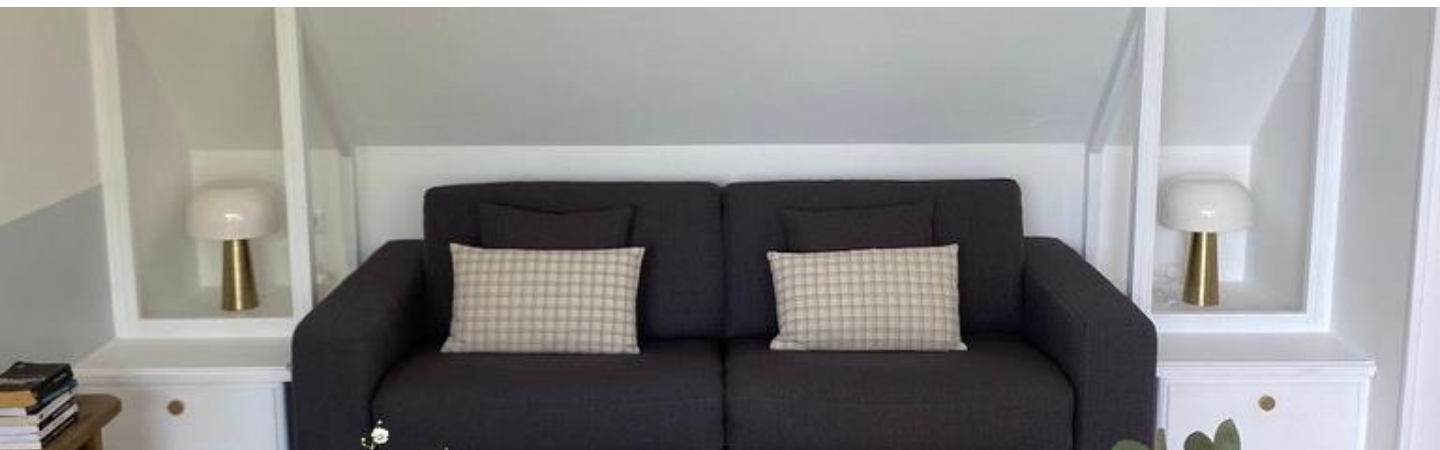
No Party

This apartment is a place of rest and calm, with no noise-generating parties tolerated in the residence for the well-being of all residents.

Reports any damage

This apartment is a living space, so please report any damage as soon as possible so that we can rectify it as quickly as possible.

Transparency is always beneficial.





Wifi

Network :
LES-OISEAUX

Password:
LES-OISEAUX

Parking

Parking Place n°23

The apartment has a single parking space in the residence, so please park on **space 23**.

The gate is opened with the remote control given to you on arrival (it closes automatically).

Bus

Un arrêt de bus se trouve dans le bourg de Beg Meil (accès à pieds depuis l'appartement) Il vous mènera directement à Quimper (Gare ferroviaire).

[Compagnie Bus Quimper](#)

Before you leave



Household

Please leave the apartment as clean as you found it.

Cleaning products and materials are available.

Possibility of choosing the cleaning package (to be requested before arrival) - **80€**.



Kitchen & Tableware

Before you leave, please leave the kitchen as you found it on your arrival:

- Clean dishes



Wastes

Before you leave, we ask that you empty your bins (bags provided) and dispose of the rubbish in the PUBLIC containers using the badge card given to you on arrival:

- Black container = ordinary waste
- Yellow container = recyclable waste (yellow container)
- Green container = glass

Please limit your deposits as access is restricted throughout the year (limited number of openings).

The containers are located on Rue Saint Guénolé in Beg Meil, near the church and L'Olivier pizzeria.

<https://maps.app.goo.gl/L9oiTTkPqntbRQdkZ>



*B*iscover

Fouesnant & surroundings





The Sea...

Fouesnant's diverse coastline offers all the pleasures of the sea. Here are our favorites.

Swimming

Cap Coz beach: a large beach of fine sand protected from wind and swell. This flat, shaded beach is ideal for families. Magnificent sunrise!
(parking nearby)

[Cap Coz plage](#)

Lantecoste/Bot Conan beach: a small beach in a superb Beg Meil cove, sheltered from the wind by fine sand and rocks, where you can explore the Roche percée (parking nearby).

[Bot Conan Lantecoste](#)

La grande plage de Moustierlin: a wilder beach overlooking the Glénans archipelago, perfect for an evening out with family or friends to admire the sunset and the seals!

[Pointe de Moustierlin](#)

Paddle & Kayak

Paddle, kayak and windsurf rentals at
Cap Coz nautical center....

[Centre Nautique de Fouesnant
Cornouaille](#)



Les Glénan

The Glénan archipelago, a paradise between sea and sky. The archipelago is made up of 8 islands (some privately owned), forming a breathtaking, timeless nature reserve. There are many beaches to discover, with unique colors worthy of the Caribbean. A total change of scenery!

Please note: there are no links between the different islands, so most visitors stay on the main island of Saint Nicolas. Les Vedettes de l'Odet offers sea kayaks for hire, so you can explore the Glénan archipelago on your own.

It's not unusual to spot dolphins and whale sharks offshore. It's best to avoid very hot days, as shade is almost non-existent, and to bring sun cream and water to keep hydrated.

If you want to make the most of your trip to the Glénan Islands, we recommend you opt for a guided crossing to discover the local fauna, flora and history.

How to go to Glénan (reminder to book)

Les Vedettes de l'Odet
(From Port La Fôret)
www.vedettes-odet.com



Les Croisières Bleues
(From Concarneau & Fouesnant)
croisieresbleues



Glénan Découverte
(From Trévignon)
glenandecouverte.com



Croisière privée : skippair
[Skippair Glénan](http://Skippair_Glénan)



Around

Discover the Riviera Bretonne

Fouesnant faces the town of Concarneau. The coasts of La Forêt Fouesnant, Benodet and Fouesnant form Finistère's leading tourist destination: the Breton Riviera. It's a prestigious, year-round destination for sea lovers, hikers and walkers, and above all, for those who love the Breton way of life!

To enhance your stay, you'll find all the information you need (markets, cycling, walking and entertainment) on the following three websites:

Fouesnant dans ma poche (Apple)

[App Fouesnant dans ma poche \(Apple\)](#)



Fouesnant dans ma poche (Google Play)

[App Fouesnant dans ma poche \(Google Play\)](#)



La Riviera Bretonne

Rivierabretonne.com



Office du Tourisme Fouesnant

www.tourisme-fouesnant.fr

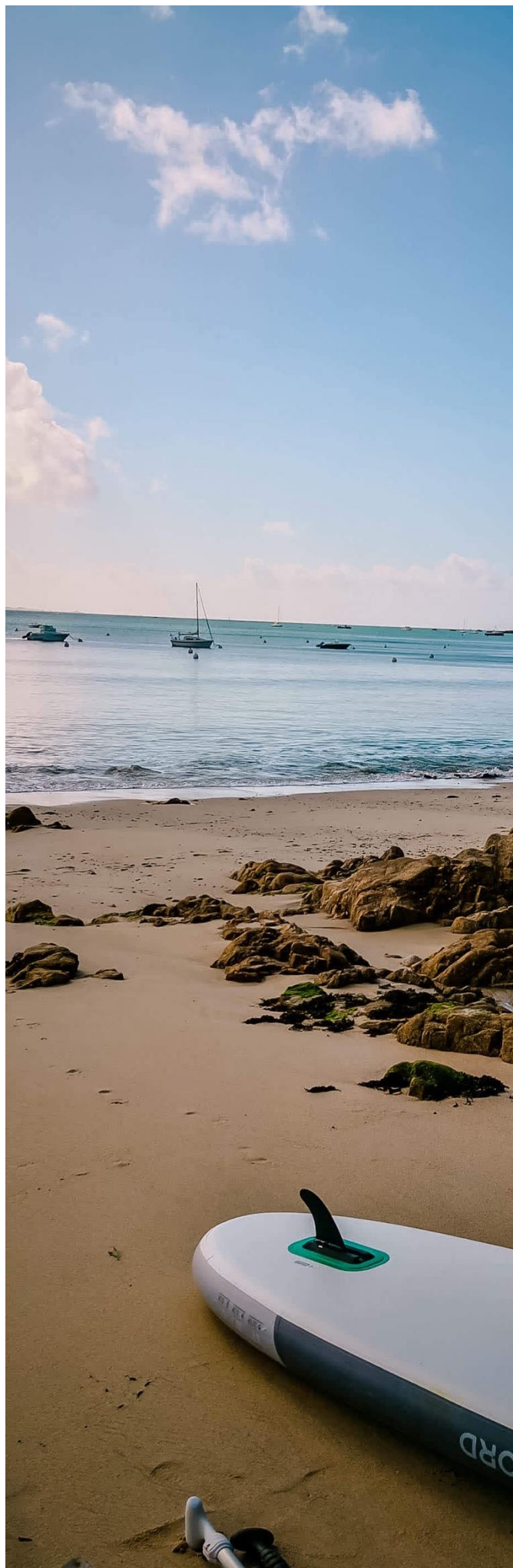


Concarneau – Ville Close

The Ville Close is the historic center of Concarneau. The famous belfry that dominates its entrance was built in 1906. It has since become the town's emblem!

You can explore the fortifications, the ramparts and the view of the fishing and yachting harbor.

Ice cream is a must in the walled city... it's a tradition!





Penfoulic Forest

A haven of calm dedicated to wildlife between land and sea.

A 30-hectare reserve An arm of the sea, like a mangrove, curls up alongside the meadow where shetland ponies graze. This rich and varied site is the ideal place for a stroll.

Fouesnant

[Bois de Penfoulic \(Maps\)](#)

Mousterlin marshes & polders

Get away from the hustle and bustle of summer beaches and enjoy the peace and quiet. From Cleut-Rouz beach, you can see the Glénan archipelago in the distance. Extend your walk in the Mousterlin marshes. Stop off at the Kerbader site to discover its chapel, its bread oven and, a little further back, its fountain. As you continue your walk through the marsh, stop off at one of the two ornithological observatories to watch the Great Cormorant, the Little Egret or the Grey Heron.

[Marais de Mousterlin](#)

The mudflat to Port la Forêt

From the old port of Cap Coz, follow the path along the mudflat, the inlet to the Penfoulic woods. Continue along the path to Port la Forêt and its prestigious elite port, where some of the greatest names in sailing have developed renowned boats.

[La vasière \(Maps\)](#)

Bicycle

Between land & sea

The Pays Fouesnantais region boasts a wealth of cycle paths, with numerous road facilities for safe family outings.

Many routes are available:

[Ballades & randonnées Riviera Bretonne](#)



[Itinéraires vélo autour de Fouesnant](#)



[Itinéraires vélo Cirkwi autour de Fouesnant](#)



Louer des vélos

A Bicyclette (Bourg de Fouesnant)

a-bicyclette-fouesnant.fr



La Trace 29 (route de BegMeil)

latrace29.fr



Park your bike

Close to the residence, next to the parking lot, you'll find parking bays for bicycles (please bring a lock).





Shopping

Supermarket

Centre Leclerc (Drive)

Zac de Penhoat Salaun Pole Commercial quai 29
29170 Pleuven

Cellar ***

Fish ***

[Maps Centre Leclerc](#)

U Express

15 Rue de Kerneveleck,
29170 Fouesnant

Quick & useful ***

[Maps U Express](#)

Cocci Market

193 Rte de Beg Meil,
29170 Fouesnant

[Maps Cocci market](#)

Specialties dishes

Saveurs Gourmandes (crêpes)

4 Kervihan, 29170 Fouesnant

*The best pancakes of the world ****

[Saveurs Gourmandes](#)

Ty Guerné (Gateaux)

The best Kouing Aman of the world!

15 Rue de Penanguer
29900 Concarneau

[Ty Guerné Maps](#)

2 Av. Pierre Gueguin,
29900 Concarneau

[Ty Guerné Maps](#)



Bakery

Boulangerie LOZAC'H

45 Pl. de l'Église,
29170 Fouesnant

Top pastry & bread !

[Boulangerie Lozac'h Maps](#)

Restaurants

Beg Meil

La Cabane €

Bar @ Cocktail & Planches

DJ & bar Lounge

31 Rue des Gléan

29170 Fouesnant

[Insta-La Cabane](#)



La Casa Pépé €

Burger & street food

5 Chem. de Kervastard,

29170 Fouesnant

[Insta-La Casa Pépé](#)



Hotel de la Cale €

Bar et Restaurant (en saison)

Concert les soirs d'été

34 Rue des Gléan,

29170 Fouesnant

[Insta- la Cale](#)



Le Sun Break €

Poke bowl...

33 Rue des Gléan,

29170 Fouesnant

[Insta-Sun Break](#)



Chez Hubert €€

16 Rue des Gléan

29170 Fouesnant

[Insta-Chez Hubert](#)



Pizzeria L'OLIVIER €

Rue Saint Guénolé

29170 Fouesnant

[Insta-L'Olivier beg Meil](#)





Restaurants

Cap Coz

Le Canot €

Brasserie vue sur mer

40 Av. de la Pointe du Cap Coz,
29170 Fouesnant

[Insta-Le Canot](#)



Le Gariguaé Cap Coz €€

Restaurant vue mer

26 Av. de la Pointe du Cap Coz,
29170 Fouesnant

[Insta-Le Gariguaé](#)



Les Viviers de Penfoulic €€

Dégustation huîtres & fruits de mer

Route de Beg an Aer,
,29940 La Forêt-Fouesnant

[Maps - Les Viviers de Penfoulic](#)



Concarneau

Les Sables Blancs €€

Diner vue sur mer / coucher de soleil

45 Rue des Sables Blancs,
29900 Concarneau

[Maps-Le Sables Blancs](#)



Sport...

Aqua Park

Les Balnéides
51 All. de Loc Hilaire
29170 Fouesnant



Aquarive Quimper
159 Bd de Créac'h Gwen
29000 Quimper



Wakeboard

TYTAZ/ Ecole de Wake
449 Rte de Bénodet,
29000 Quimper



Golf

Golf Bluegreen de l'Odet
Clohars-Fouesnant,
29950 Bénodet



Golf de Cornouaille
Rte du Mesmeur,
29940 La Forêt-Fouesnant



Next Time

Discover Le Cap Coz – Apartment la Plage Cap Coz

Apartment with seaview directly on the beach of Cap Coz.

airbnb.com/h/lapagecapcoz29



instagram.com/laplage.capcoz/





See You



[instagram.com/appart.les.oiseaux29/](https://www.instagram.com/appart.les.oiseaux29/)

